LIFESPAN SCHOOL AGE/ SUMMER CAMP MENU

AUGUST 2024

	Monday		Tuesday		Wednesday		Thursday		Friday	
Week of 8/1	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**AM/PM**
Grain							1 Apple Cinna Muffin, 8oz 1% milk 4oz Mixed Fruit	1 pk Pretzels 6oz Apple Juice	1 oz Rice Chex 8oz 1%Milk 4oz Mandarin Oranges	1 Ched Chex 6oz Apple Juice
Dairy										
Fruit/Veg.								1 pk Cheez-its 6oz Apple Juice		1 pk Goldfish Crackers 6oz Apple Juice
Other										
Week of 8/5	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**AM/PM**
Grain	1 Blueberry Muffin, 8oz 1%Milk, 1 oz Applesauce	1 pk Ritz Bits 6oz Apple Juice	1 Crispy Rice 8oz 1%Milk, 4oz Pineapples	1pk Popcorners 6oz Apple Juice	1oz Cheerios 8oz 1%Milk 4oz Pears	3/4c Triscuits, Cheese Stick 6oz Apple Juice	1 English Muffin w/ Cream Cheese 8oz 1% Milk 4oz Mixed Fruit	1pk Sports Bites 6oz Apple Juice	1 oz Rice Chex 8oz 1 %Milk 4oz Mandarin Oranges	1 pk Ched Sun Chips 6oz Apple Juice
Dairy		1 pk Sun Chips 6 oz Apple Juice		1pk Trad Chex Mix 6oz Apple Juice		1 pk Pretzels 6oz Apple Juice		1 pk Ched Chex 6oz Apple Juice		1 pk Goldfish Crackers 6oz Apple Juice
Fruit/Veg.										
Other										
Week of 8/12	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**AM/PM**
Grain	1 pk Cheerios 8oz 1% Milk 4oz Mandarin Oranges	1 pk Ritz Bits 6oz Apple Juice	1 Apple Cinn Muffin, 8oz 1% milk 4oz Mixed Fruit	1pk Sports Bites 6oz Apple Juice	1oz Rice Chex 8oz 1% Milk 4oz Applesauce	1 pk Ched Sun Chips 6oz Apple Juice	1 Cornbread Muffin, 8oz 1% milk 4oz Pears	1 pk Sun Chips 6 oz Apple Juice	1 Crispy Rice 8oz 1%Milk, 4oz Mandarin Oranges	Cheddar Chex Mix 6 oz Apple Juice
Dairy										
Fruit/Veg.		1 pk Popcorners 6oz Apple Juice		1 pk Cheez Its 6oz Apple Juice		1 pk Goldfish Crackers 6oz Apple Juice		3/4c Triscuits, Cheese Stick 6oz Apple Juice		1 pk Ritz Bits 6oz Apple Juice
Other										
Week of 8/19	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**AM/PM**	**BREAKFAST**	**AM/PM**	**CLOSED**	**CLOSED**
Grain	1 English Muffin w/ Cream Cheese 8oz 1% Milk 4oz Pineapples	1 pk Pretzels 6oz Apple Juice	1 Apple Cinn Muffin 8oz 1%Milk 4oz Mandarin Oranges	1pk Cheddar Sun Chips 6oz Apple Juice	1oz Crispy Rice, 4oz Applesauce	1 pk Goldfish 6oz Apple Juice	1 Cornbread Muffin, 8oz 1% milk 4oz Pears	1pk Ritz Bits w/Cheese 6oz Apple Juice	**CLOSED**	**CLOSED**
Dairy										
Fruit/Veg.		1pk Sports Bites 6oz Apple Juice		1 pk Trad Chex Mix 6oz Apple Juice		1 pk Popcorners 6oz Apple Juice		1 pk Cheez Its 6oz Apple Juice **CAMP LAST DAY!**		
Other										
Week of 8/26	**BREAKFAST**	**PM**	**BREAKFAST**	**PM**	**BREAKFAST**	**PM**	**BREAKFAST**	**PM**	**BREAKFAST**	**PM**
Grain	1oz Cheerios 8oz 1% Milk Mandarin Oranges	1 pk Goldfish 6oz Apple Juice	1 Cornbread Muffin, 8oz 1% milk 4oz Pineapple	1 pk Sunchips 6oz Apple Juice	1 English Muffin w/Cream Cheese 4oz Mandarin Oranges	1 pk Ritz Bits 6oz Apple Juice	1oz Crispy Rice, 4oz Applesauce	Cheez-Its 6oz Apple Juice	1 Blueberry Muffin, 8oz 1%Milk, 1 oz Applesauce	1 pk Sun Chips 6oz Apple Juice
Dairy										
Fruit/Veg.										
Other										