



Breakfast Menu

July 2024

This institution is an equal opportunity provider.

Serving Sizes are as follows:

12months – 24months Old – m/ma ½oz, fruit ¼c, grain ½oz, 4oz Plain Whole Milk

24months – 36months Old – m/ma ½ oz, fruit ¼ c, grain ½ oz, 4oz Plain 1% Milk

3-5 Year Olds – m/ma ½ oz, fruit ½ c, grain ½ oz, 6oz Plain 1% Milk

School Age – m/ma 1oz, fruit ½ c, grain 1oz, 8oz Plain 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>July 1</p> <p>WG Cheerios Fruit Milk</p>	<p>July 2</p> <p>Yogurt Fruit Milk</p>	<p>July 3</p> <p>WG Corn Muffin Fruit Milk</p>	<p>July 4</p> <p>Happy 4th of July!!</p>	<p>July 5</p> <p>WG French Toast Fruit Milk</p>
<p>July 8</p> <p>WG Rice Krispies Fruit Milk</p>	<p>July 9</p> <p>Yogurt Fruit Milk</p>	<p>July 10</p> <p>WG Apple Cinnamon Muffin Fruit Milk</p>	<p>July 11</p> <p>WG Trix Fruit Milk</p>	<p>July 12</p> <p>WG Pancake Fruit Milk</p>
<p>July 15</p> <p>WG Cheerios Fruit Milk</p>	<p>July 16</p> <p>Yogurt Fruit Milk</p>	<p>July 17</p> <p>WG Banana Muffin Fruit Milk</p>	<p>July 18</p> <p>WG Corn Flakes Fruit Milk</p>	<p>July 19</p> <p>Scrambled Eggs Fruit Milk</p>
<p>July 22</p> <p>WG Krispies Fruit Milk</p>	<p>July 23</p> <p>Yogurt Fruit Milk</p>	<p>July 24</p> <p>WG Blueberry Muffin Fruit Milk</p>	<p>July 25</p> <p>WG Trix Fruit Milk</p>	<p>July 26</p> <p>WG Waffle Fruit Milk</p>
<p>July 29</p> <p>WG Cheerios Fruit Milk</p>	<p>July 30</p> <p>Yogurt Fruit Milk</p>	<p>July 31</p> <p>WG Corn Muffin Fruit Milk</p>	<p>August 1</p> <p>WG Corn Flakes Fruit Milk</p>	<p>August 2</p> <p>WG French Toast Fruit Milk</p>

WG = Whole Grain

Fruit options vary when in season, viable options are as follows: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos

All Cereals contain no more than 6 grams of sugar per dry ounce

All Yogurt contains no more than 23 grams of sugar per 6 ounce serving