

## LIFESPAN SCHOOL-AGE MENU

### MAY

LIFESPAN SCHOOL-AGE MENU											
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	Monday		Tuesday		Wednesday		Thursday		Friday		
Week of 4/29-5/3	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	
Grain					1oz Rice Chex	1pk Popcorners	1 Apple Cinna	1 pk Goldfish	1 oz. Cheerios	1 pk Triscuits	
Dairy					8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		Cheese Stick
Fruit/Veg.					1pk Applesauce		4oz Pineapple Bits		4oz Mi		6oz Apple Juice
Other						6oz White Grape		6 oz Apple Juice		6oz Apple Juice	
week of 5/6-5/10	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	
Grain	1oz Crispy Rice	1pk Sports Bites	1 Rice Chex	1pk Cheez Its	1 Blueberry Muffin	1pk Trad Sun Chips	1oz Cheerios	1pk Trad Chex Mix	1 Apple Cinn Muffin	1pk Ritz Bits	
Dairy	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		
Fruit/Veg.	4oz Mandarin Oranges		4oz Pineapple Bits		4oz Pears		4oz Mixed Fruit		4oz Apple Sauce		
Other		6oz White Grape		6oz White Grape		6oz White Grape		6 oz White Grape		6oz Apple Juice	
week of 5/13-5/17	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	
Grain	1 Blueberry Muffin	1pk Gold Fish	1oz Crispy Rice	1pk Cheddar Chex Mix	1 Apple Cinn Muffin	1pk Popcorners	1oz Cheerios	1pk Trad Sun Chips	1oz Rice Chex	1pk Sports Bites	
Dairy	8 oz. 1% Milk	Cheese Stick	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8oz 1% Milk		
Fruit/Veg.	4 oz Pineapple Bits		4oz Pears		4oz Mixed Fruit		4oz Apple Sauce		4oz Pineapple Bits		
Other		6oz White Grape		6oz Apple Juice		6oz White Grape		6 oz Apple Juice		6oz White Grape	
week of 5/20-5/24	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	
Grain	1oz Cheerios	1pk Popcorners	1 Apple Cinn Muffin	1pk Pretzels	1 Blueberry Muffin	1pk Cheez Its	1 Apple Cinna	1pk Ritz Bits	1oz Crispy Rice	1pk Trad Chex Mix	
Dairy	8oz 1% Milk		8oz 1% Milk	6oz White Grape	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		
Fruit/Veg.	4oz Pears		4oz Mixed Fruit		1pk Applesauce		4oz Pineapple Bits		4oz Pears		
Other		6oz White Grape	HOLIDAY CARE			6oz White Grape	HOLIDAY CARE	6oz Apple Juice		6oz Apple Juice	
week of 5/27-5/31	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	
Grain	<b>CLOSED IN OBSERVANCE OF MEMORIAL DAY</b>	<b>CLOSED IN OBSERVANCE OF MEMORIAL DAY</b>	1 Blueberry Muffin	1pk Sports Bites	1oz Rice Chex	1pk Popcorners	1 Apple Cinna	1 pk Goldfish	1 Apple Cinna	1 pk Triscuits	
Dairy			8oz 1% Milk	6oz Apple Juice	8 oz. 1% Milk	6oz White Grape	8 oz. 1% Milk	6 oz Apple Juice	8 oz. 1% Milk	Cheese Stick	