



**Main Lunch Menu
May 2024**

This institution is an equal opportunity provider.

Serving Sizes are as follows:

12months – 24 months Old – m/ma 1oz, Fruit 1/8 c, vegetable 1/8 c, grain ½ oz, 4oz Plain Whole Milk

(menu modifications in italics)

24months – 36 months Old - m/ma 1oz, Fruit 1/8 c, vegetable 1/8 c, grain ½ oz, 4oz Plain 1% Milk *(menu modifications in italics)*

3–5-Year-Old – m/ma 1.5oz, Fruit ¼ c, vegetable ¼ c, grain ½ oz, 6oz 1% Plain Milk

School Age – m/ma 2oz, fruit ¼ c, vegetables ½ c, grain 1oz, 8oz 1% Plain or Chocolate Milk

Monday	Tuesday	Wednesday	Thursday	Friday
April 29 Turkey and Cheese Sandwich on WW Bread Carrot Sticks w/Ranch (Cooked Carrots) Mayonnaise Fruit Milk Cheese Sandwich on WW Bread	April 30 Hamburger Slider w/Cheddar Cheese WG Bun Green Beans Fruit Milk Oatmeal Raisin Cookie Veggie Burger <i>National Oatmeal Cookie Day</i>	May 1 Chicken, Cheddar Cheese, and Brown Rice Bake Peas Fruit Milk Tofu, Cheddar, Rice Bake	May 2 Turkey Sausage String Cheese (3+ Only) WG French Toast Broccoli (Potatoes) Fruit Milk WG Waffle and Veggie Sausage	May 3 Pizza Bagel w/Mozzarella Cheese and Tomato Sauce Carrot Sticks w/Ranch Dressing (Cooked Carrots) Fruit Milk
May 6 Taco Beef w/Cheddar Cheese WG Flour Tortilla Corn & Black Bean Salad Fruit Milk Bean Burrito <i>Cinco de Mayo!</i>	May 7 WG Chicken Fingers Tater Tots Ketchup Fruit Milk Veggie Nuggets	May 8 BBQ Meatballs Brown Rice Carrot Sticks (Carrots) Fruit Milk BBQ Veggie Meatballs	May 9 Chicken Caesar Pasta Salad w/ WG Pasta Broccoli (Peas) Ranch Fruit Milk Edamame Pasta Salad	May 10 Turkey Burger WG Sandwich Roll Green Beans Fruit Milk Veggie Burger
May 13 Turkey & Cheese Sandwich on WW Bread Carrot Sticks (Cooked Carrots) Mayonnaise Ranch Dressing Fruit Cocktail Milk <i>National Fruit Cocktail Day</i> Cheese Sandwich on WW Bread	May 14 Swedish Meatballs WG Biscuit Peas Fruit Milk Veggie Meatballs <i>National Buttermilk Biscuit Day</i>	May 15 Cheese Sandwich on WW Bread Tomato and Cucumber Salad (Peeled and Diced Tomato Cucumber Salad) Chocolate Chip Cookie Fruit Milk <i>National Chocolate Chip Cookie Day</i>	May 16 Grilled Chicken Parm WG Pasta w/Marinara Broccoli (Corn) Fruit Milk Lentils & Gravy	May 17 WG Chicken Egg Roll String Cheese 3+ Green Beans (School Age) Fruit Milk Veggie Nuggets
May 20 Turkey Ham and Cheese Sandwich on WG Bun Carrot Sticks (Cooked Carrots) Ranch Dressing Mayonnaise Fruit Milk Cheese Sandwich on WW Bread	May 21 Grilled Chicken Pot Pie w/Mixed Vegetables WG Biscuit Fruit Milk Lentil Pot Pie	May 22 Beef BBQ WG Bun Peas Fruit Milk Veggie Burger <i>National BBQ Month</i>	May 23 Grilled Chicken Red Beans & Bown Rice Fruit Milk Tofu	May 24 WG Chicken Tenders Mashed Potatoes Ketchup Mandarins & Strawberries Milk Veggie Nuggets <i>National Strawberry Month</i>
May 27 HAPPY MEMORIAL DAY!	May 28 Hamburger Slider w/Cheddar Cheese WG Slider Bun Ketchup Green Beans Fruit Milk Veggie Burger <i>National Hamburger Day</i>	May 29 Mac & Cheese w/ WG Pasta Mixed Vegetables Fruit Milk	May 30 Grilled Chicken Garden Salad (Grilled Chicken w/peeled and diced cucumber) WG Dinner Roll Italian Dressing Fruit Milk Edamame Garden Salad <i>National Salad Month</i>	May 31 Teriyaki Chicken Brown Rice Carrot Sticks (Cooked Carrots) Ranch Dressing Fruit Milk Teriyaki Tofu

WG = Whole Grain

Fruit options vary when in season and will be rotated based on availability: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos