



Main Lunch Menu

April 2024

This institution is an equal opportunity provider.

Serving Sizes are as follows:

12months – 24 months Old – m/ma 1oz, Fruit 1/8 c, vegetable 1/8 c, grain ½ oz, 4oz Plain Whole Milk

(menu modifications in italics)

24months – 36 months Old - m/ma 1oz, Fruit 1/8 c, vegetable 1/8 c, grain ½ oz, 4oz Plain 1% Milk *(menu modifications in italics)*

3–5-Year-Old – m/ma 1.5oz, Fruit ¼ c, vegetable ¼ c, grain ½ oz, 6oz 1% Plain Milk

School Age – m/ma 2oz, fruit ¼ c, vegetables ½ c, grain 1oz, 8oz 1% Plain or Chocolate Milk

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|
| April 1 Turkey and Cheese Sandwich on WW Bread Carrot Sticks w/Ranch (Cooked Carrots) Mayonnaise Fruit Milk Cheese Sandwich | April 2 SunButter & Fruit Spread Sandwich on WW bread Tomato/Cucumber Salad Fruit Milk National PB & J Day! | April 3 Beef Chili WG Dinner Roll Fruit Milk Veggie Bean Chili | April 4 Mac & Cheese w/ WG Pasta Mixed Vegetables Pineapple Milk | April 5 Teriyaki Chicken Brown Rice Fresh Broccoli (Peas) Ranch Dressing Fruit Milk Teriyaki Tofu |
| April 8 Pizza Bagel w/ Mozzarella Cheese and Tomato Sauce Carrot Sticks w/ Ranch Dressing (Cooked Carrots) Fruit Milk | April 9 WG Chicken Fingers Sweet Potato Tots Fruit Milk Veggie Nuggets | April 10 BBQ Meatballs Brown Rice Carrot Sticks (Carrots) Fruit Milk BBQ Veggie Meatballs | April 11 Turkey Burger WG Sandwich Roll Green Beans Fruit Milk Veggie Burger | April 12 Grilled Cheese Sandwich on WW Bread Tomato and Cucumber Salad (Peeled and Diced Tomato Cucumber Salad) Fruit Milk National Grilled Cheese Month! |
| April 15 Turkey & Cheese Sandwich on WW Bread Carrot Sticks (Cooked Carrots) Mayonnaise Ranch Dressing Fruit Milk Cheese Sandwich on WW Bread | April 16 Mac & Cheese w/ WG Pasta Mixed Vegetables Fruit Milk | April 17 Swedish Meatballs Brown Rice Diced Cucumbers (Peas) Fruit Milk Veggie Meatballs | April 18 Chicken Caesar Pasta Salad w/ WG Pasta Broccoli (Peas) Ranch Fruit Milk Edamame Pasta Salad | April 19 WG Chicken Egg Roll String Cheese 3+ Green Beans (School Age) Fruit Milk Veggie Nuggets |
| April 22 Cheese Sandwich on WW Bread Carrot Sticks (Cooked Carrots) Ranch Dressing Mayonnaise Fruit Milk | April 23 Beef BBQ WG Bun Peas Fruit Milk Veggie Burger | April 24 Grilled Chicken Red Beans & Bown Rice Fruit Milk Veggie Nuggets | April 25 Taco Beef w/Cheddar Cheese WG Flour Tortilla Corn & Black Bean Salad Fruit Milk Bean Burrito | April 26 Grilled Chicken Parm WG Pasta w/Marinara Diced Cucumber (Green Beans) Fruit Milk Lentils & Gravy |
| April 29 Turkey Ham and Cheese on WG Bun Carrot Sticks (Cooked Carrots) Mayonnaise Ranch Dressing Fruit Milk Cheese Sandwich on WW Bread | April 30 Chicken, Cheddar Cheese, and Brown Rice Bake Peas Fruit Milk Oatmeal Raisin Cookie Tofu, Cheddar, Rice Bake National Oatmeal Cookie Day | May 1 Hamburger Slider w/Cheddar Cheese WG Bun Green Beans Fruit Milk Veggie Burger | May 2 Turkey Sausage String Cheese (3+ Only) WG French Toast Broccoli (Potatoes) Fruit Milk WG Waffle and Veggie Sausage | May 3 Grilled Chicken Pot Pie w/Mixed Vegetables WG Biscuit Fruit Milk Lentil Pot Pie |

WG = Whole Grain

Fruit options vary when in season and will be rotated based on availability: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos