



# LIFESPAN SCHOOL-AGE MENU

## APRIL



	Monday		Tuesday		Wednesday		Thursday		Friday	
week of 4/1-4/5	BREAKFAST	AM/PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	Crispy Rice	1 pk Goldfish	1 Apple Cinn Muffin	1pk Trad Sun Chips	1oz Cheerios	1 pk Pretzels	1oz Rice Chex	1pk Cheddar Chex Mix	1 English Muffin	1 pk Sports Bites
Dairy	8 oz. 1% Milk		8oz 1% Milk		8oz 1% Milk	Cheese Stick	8oz 1% Milk		8oz 1% Milk	
Fruit/Veg.	4oz Apple Sauce	1 pk Ched Sun Chips	4oz Mixed Fruit		4oz Pineapple Bits		1pk Applesauce		4oz Pears	
Other	<b>HOLIDAY CARE</b>	6oz White Grape		6 oz Apple Juice		6oz White Grape		6oz Apple Juice		6 oz White Grape
week of 4/8-4/12	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1oz Cheerios	1 pk Ched Sun Chips	1 Rice Chex	1pk Cheez Its	1 Blueberry Muffin	1 pk Triscuts	1oz Crispy Rice	1pk Trad Chex Mix	1 Apple Cinn Muffin	1pk Ritz Bits
Dairy	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	Cheese Stick	8 oz. 1% Milk		8 oz. 1% Milk	
Fruit/Veg.	4oz Mandarin Oranges		4oz Pineapple Bits		4oz Pears		4oz Mixed Fruit		4oz Apple Sauce	
Other		6 oz Apple Juice		6oz White Grape		6oz Apple Juice		6 oz White Grape		6oz Apple Juice
week of 4/15-4/19	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1 Blueberry Muffin	1pk Gold Fish	1oz Crispy Rice	1pk Cheddar Chex Mix	1 Apple Cinn Muffin	1pk Trad Sun Chips	1oz Cheerios	1pk Ched Sun Chips	1oz Rice Chex	1pk Sports Bites
Dairy	8 oz. 1% Milk	Cheese Stick	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8oz 1% Milk	
Fruit/Veg.	4 oz Pineapple Bits		4oz Pears		4oz Mixed Fruit		4oz Apple Sauce		4oz Pineapple Bits	
Other		6oz White Grape		6oz Apple Juice		6oz White Grape		6 oz Apple Juice		6oz White Grape
week of 4/22-4/26	BREAKFAST	PM	BREAKFAST	AMPM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1oz Cheerios	1pk Cheez Its	1 Apple Cinn Muffin	1pk Pretzels	1 Blueberry Muffin	1pk Popcorners	1 Apple Cinna	1 pk Goldfish	1oz Crispy Rice	1pk Cheddar Chex Mix
Dairy	8oz 1% Milk	6 oz Apple Juice	8oz 1% Milk	6oz White Grape	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	
Fruit/Veg.	4oz Pears		4oz Mixed Fruit	1 pk Goldfish	1pk Applesauce		4oz Pineapple Bits		4oz Pears	
Other			<b>HOLIDAY CARE</b>	6oz Apple Juice		6oz White Grape	<b>HOLIDAY CARE</b>	6 oz Apple Juice		6oz Apple Juice
week of 4/29-5/3	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1 oz Rice Chex	1pk Trad Sun Chips	Blueberry Muffin	1pk Sports Bites	1oz Rice Chex	1pk Popcorn	1 Apple Cinna	1 pk Goldfish	1 Apple Cinna	1 pk Triscuts
Dairy	8oz 1% Milk		8oz 1% Milk	6oz Apple Juice	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	Cheese Stick