



# LIFESPAN SCHOOL-AGE MENU

## February 2024



	Monday		Tuesday		Wednesday		Thursday		Friday	
week of 2/5-2/9	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>
Grain	1 Corn Muffin	1pk Sun Chips	1oz Cinn Toasters	1pk Trad. Chex Mix	1oz Honey Grahams	1pk Choc Bears	1 English Muffin	1pk Ritz Bits	1oz Cheerios	1pk Animal Crackers
Dairy	8 oz. 1% Milk		8oz 1% Milk		8oz 1% Milk		8oz 1% Milk		8oz 1% Milk	
Fruit/Veg.	4 oz Pears		4oz Pineapple Bits		4oz Apple Sauce		4oz Mandarin Oranges		4oz Mixed Fruit	
Other		6oz Fruit Punch		6 oz Apple Juice		6oz Grape Juice		6oz Fruit Punch		6 oz Apple Juice
week of 2/12-2/16	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>AM/PM</b>
Grain	1oz Crispy Rice	1pk Popcorners	1 Blueberry Muffin	1pk Sports bites	1oz Frosted Flakes	3/4c Wheat Thins	1oz Rice Chex	1pk Strawberry Chex Mix	1oz Cinn Toasters	1pk Gold Fish
Dairy	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	Cheese Stick	8 oz. 1% Milk		8oz 1% Milk	6oz Fruit Punch
Fruit/Veg.	4oz Apple Sauce		4oz Pineapple Bits		4oz Pears		4oz Mixed Fruit		4oz Mandarin Oranges	1pk Sun Chips
Other		6 oz Apple Juice		6oz Grape Juice		6oz Apple Juice		6 oz Grape Juice	<b>HOLIDAY CARE</b>	6oz Apple Juice
week of 2/19-2/23	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>
Grain	<b>CLOSED</b>	<b>CLOSED</b>	1oz Honey Grahams	1pk Cheddar Chex Mix	1 Blueberry Muffin	1pk Ritz Bits	1oz Cheerios	1pk Cheez Its	1oz Crispy Rice	1 pk Ched Sun Chips
Dairy	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	
Fruit/Veg.			4oz Pears		4oz Mixed Fruit		4oz Apple Sauce		4oz Pineapples	
Other				6oz Apple Juice		6oz Fruit Punch		6 oz Apple Juice		6oz Grape Juice
week of 2/26-3/1	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>	<b>BREAKFAST</b>	<b>PM</b>
Grain	1 Blueberry Muffin	1pk Trad Chex Mix	1oz Frosted Flakes	1pk Sunrise Bites	1oz Rice Chex	1pk Popcorners	1 Combread Muffin	1pk Sports Bites	1oz Cinn Toasters	3/4c Wheat Thins
Dairy	8oz 1% Milk	6oz Apple Juice	8oz 1% Milk	6oz Grape Juice	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	Cheese Stick
Fruit/Veg.	4oz Pears		4oz Mixed Fruit		1pk Applesauce		4oz Pineapple Bits		4oz Mandrain Oranges	
Other						6oz Grape Juice		6 oz Apple Juice		6oz Grape Juice

LifeSpan's School-Age Snack Menu is subject to change without notice – All meals provided are per the CACFP guidelines and components – Substitute meals or extra snack may be brought from home – Water is offered at all times

*This institution is an equal opportunity provider.*