February V NEWSLETTER

Classroom Events:

Valentine's day parties will take place on Wednesday, February 14th

Please see your classroom teachers for sign-up sheets and count for valentines. Each classroom manages Valentine's Day cards a little differently. Be on the lookout for more information.

BACKPACK CONNECTION SERIES:

TIPS FOR BEDTIME: <u>www.firstfivebeyond.org</u>

Bedtime is a daily opportunity for you to build and nurture a positive relationship with your child. Predictable routines make children feel safe and secure. When you provide a predictable bedtime routine, you are teaching your child the skills she needs to relax and transition from the busy activity of the day to preparation for sleep. When your child is able to get a restful sleep, you will also feel calmer. A successful bedtime routine will make you feel more rested regularly and prepare you both for shared days of family fun and learning.

Important!

Monday, February 19th, 2024

The center will be closed for a professional development day.

REMINDERS

2/2: Groundhog Day

2/9: Wear your favorite football gear!

2/10: Happy Chinese New Year!

2/14: Happy Valentine's Day! Parties will be today!

2/16: School Age Holiday Care (Reply to email for spot)

