## JANUARY'S NEWSLETTER



Building Information: 399 Washington Street East Greenville, Pennsylvania Phone # 215-679-5940 www.lifespanchildcare.org Facebook

#### Important Dates



January 1st- New Years Day LifeSpan will be CLOSED

January 9th- National Law Enforcement Day

January 15th- Martin Luther King Jr Day. Staff Inservice Day. LifeSpan will be CLOSED

January 21-27th- National School Choice Week

Throwback to 2014, celebrating New Years Eve

### Meet Our New Staff

Annika- she will be joining the Toddler 2 room.

Deanna- she will opening up our new Preschool room.

Madison- she will be joining the Infant room



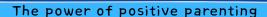
Miss Annika



Miss Deanna



#### JANUARY'S TIP OF THE MONTH



What is positive parenting and why is it powerful?

Positive parenting is about showing children love, warmth and kindness. It's about guiding children to act the way you want by encouraging and teaching them. It's about helping children thrive by sending the powerful message: You are loved, you are good, you matter.

Research reveals the power of positive parenting

Positive parenting sets children up for success

Research shows that positive parenting helps children do better in school, have fewer behavioral problems, and stronger mental health.1

Positive parenting helps the teenage brain

Neuroscientists discovered that positive parenting contributes to better functioning in the brain regions associated with emotions and cognition during the teen years.2

Positive parenting is linked to a happy and healthy adulthood
 Harvard scientists found that positive parenting has long-term benefits, including better relationships, mental health, and well-being during adulthood.3

Read the rest of the article here: https://health.ucdavis.edu/children/patient-education/Positive-Parenting

# 3

#### OTHER INFORMATION



- Don't forget to check out our LifeSpan Facebook page and website.
   What information would you like to see on the newsletter? Let me know at kparis@lq.org
- ~ Please be sure to bring your child weather appropriate clothing ie: jackets may still be necessary on the chilly mornings or sunglasses and hats for the sun. Please also be sure your child is wearing closed-toed shoes. Our policy is to take the children outside between the real feel temperatures of 25 and 90 degrees. Please label all your children's belongings.

# Happy Birtholay



ASHER
JANUARY 1ST



LYRA JANUARY 8TH



COLTEN JANUARY 21ST



COLE JANUARY 4TH



JAXSON JANUARY 11TH



ARMOND JANUARY 21ST



JACE JANUARY 5TH



AMELIA JANUARY 17TH



MCKENNA JANUARY 26TH