

# FEBRUARY'S NEWSLETTER

XOXO

1.

Building Information:  
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East Greenville, Pennsylvania  
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[www.lifespanchildcare.org](http://www.lifespanchildcare.org)  
[Facebook](#)

## Important Dates



February 2nd- Groundhog's Day

February 14th- Valentine's Day

February 17th- President's Day

February 19th- LifeSpan will be  
CLOSED for staff inservice

love

Check  
out  
what we  
have  
been  
working  
on!



2.

## February's Tip of the Month



April 9, 2023

Children's Dental Health: How To Care for Your Kid's Teeth  
Once you see that first tooth, it's time to start brushing

Smiling baby showing off her first teeth.

If there's drool constantly hanging from your baby's chin and they're suddenly wanting to put everything in their mouth, it's a good sign your baby's first tooth is probably on its way.

While you might be focused on easing your baby's gum pain and keeping them as comfortable as possible while teething, it's also important to start thinking about taking care of those little pearls.

Here's why: If a baby has teeth, those teeth can get decay and cavities. And children with cavities in their baby teeth are more likely to get cavities in their permanent teeth. So, it's important to start your children's dental care routine early, says dentist Anne Clemons, DMD.

How do you go about doing that? Dr. Clemons has some pointers on children's dental health and how to take care of your kid's teeth.

How to care for baby teeth

It's important to know that one of the reasons some children are more prone to developing cavities is because of a bacteria called *Streptococcus mutans*. It's the main culprit behind tooth decay because it feeds on sugar and creates acid that dissolves the protective enamel on teeth.

Read the rest of the article here: <https://health.clevelandclinic.org/caring-for-childrens-teeth>



3.

## Other Information



- ~ Don't forget to check out our LifeSpan Facebook page and website.
- ~ What information would you like to see on the newsletter? Let me know at [kparis@lq.org](mailto:kparis@lq.org)
- ~ Please be sure to bring your child weather appropriate clothing ie: jackets may still be necessary on the chilly mornings or sunglasses and hats for the sun. Please also be sure your child is wearing closed-toed shoes. Our policy is to take the children outside between the real feel temperatures of 25 and 90 degrees. Please label all your children's belongings.



# Happy Birthday



GIOVANNI  
FEBRUARY 1ST



ELLIOT P  
FEBRUARY 4TH



MAC  
FEBRUARY 6TH



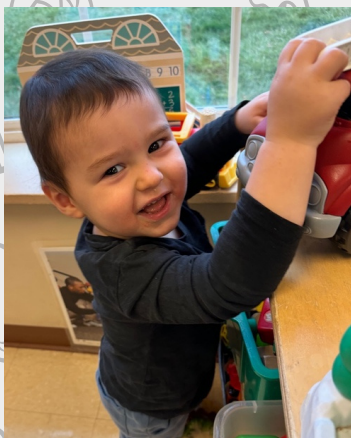
OWEN R  
FEBRUARY 2ND



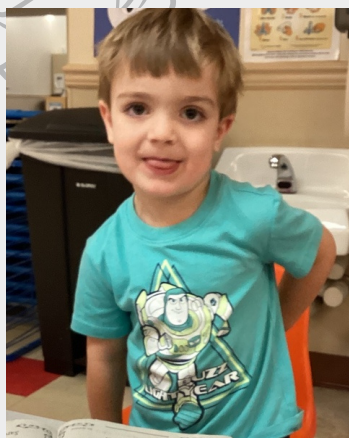
CAMILLIA  
FEBRUARY 5TH



SANTINO  
FEBRUARY 9TH



JOSEPH  
FEBRUARY 3RD



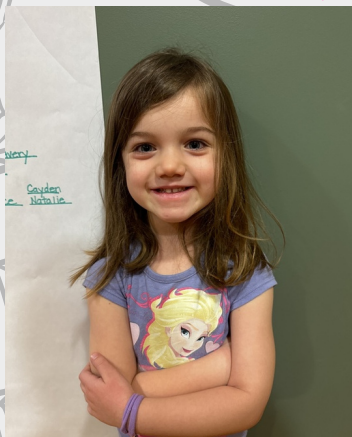
JACK  
FEBRUARY 6TH



SAMUEL  
FEBRUARY 11TH



# Happy Birthday



NORA  
FEBRUARY 12TH



DEACON  
FEBRUARY 18TH



BAILEY  
FEBRUARY 22ND



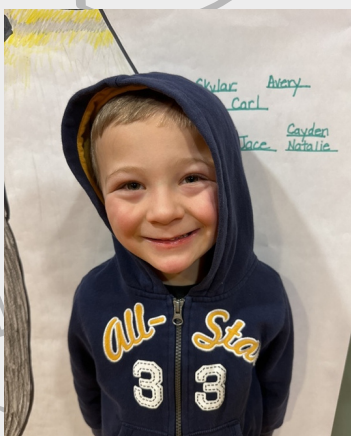
BENJAMIN S  
FEBRUARY 14TH



TEAGAN  
FEBRUARY 19TH



ELLIOT K  
FEBRUARY 23RD



LIAM H  
FEBRUARY 15TH



MILES  
FEBRUARY 21ST



CARL  
FEBRUARY 29TH



QUINN D  
FEBRUARY 27TH