



LIFESPAN SCHOOL-AGE MENU

JUNE



	Monday		Tuesday		Wednesday		Thursday		Friday	
Week of 5/29-6/2	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1 Blueberry Muffin	1pk Choc Bears	1 oz. Frosted Flakes	1pk Cheddar Sun Chins	1oz Rice Chex	1 pk Popcorn	1 Blueberry Muffin	1pk Sports Bites	1 oz Cinn Toasters	3/4c Triscuits
Dairy	8 oz. 1% Milk	8 oz. 1% Milk	8oz 1% Milk		8oz 1% Milk		8oz 1% Milk		8oz 1% Milk	Cheese Stick
Fruit/Veg.	4oz Apple Sauce		4 oz. Mixed Fruit		4 oz. Apple Sauce		4 oz Pineapple Tidbits		4oz Pears	
Other				6 oz Fruit Juice		6oz Fruit Punch		6oz Apple Juice		6 oz Grape Juice
Week of 6/5-6/9	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM	BREAKFAST	PM
Grain	1oz Honey Grahams	1 pk Straw Chex	1 Apple Cinn Muffin	1pk Cheddar Sun Chins	1oz Cheerios	3/4c Wheat Thins	1oz Crispy Rice	1pk Cheddar Chex Mix	1 Apple Cinn Muffin	1pk Ritz Bits
Dairy	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	Cheese Stick	8 oz. 1% Milk		8 oz. 1% Milk	
Fruit/Veg.	1 pk Apple Sauce		4 ox Mixed Fruit		4oz Pineapple Bits		1 pk Apple Slices		4oz Pears	
Other		6 oz Fruit Punch		6oz Apple Juice		6oz Grape Juice		6 oz Fruit Punch		6oz Apple Juice
week of 6/12-6/19	BREAKFAST	PM	CLOSED	CLOSED	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM
Grain	1oz Cinn Toasters	1 pk Popcorn			1 Apple Cinn Muffin	Pretzel Wheels	1oz Cheerios 4oz. Apple Sauce	1pk Cheez Its	1oz Crispy Rice	1pk Gold Fish
Dairy	8 oz. 1% Milk				8 oz. 1% Milk	Cheese Stick	8 oz. 1% Milk	6 oz Apple Juice	8oz 1% Milk 4 oz Pineapple	6 oz Grape Juice
Fruit/Veg.	4 oz Pineapple Bits				4oz Mixed Fruit	6oz Apple Juice		1 pk Strawberry Chex Mix		1 pk Sports Bites
Other		6oz Grape Juice				8 oz. 1% Milk		6oz Grape Juice	6oz. Fruit Punch	6oz Apple Juice
Week 6/19-6/23	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM
Grain	1 Blueberry Muffin	1 pk Chex Mix Traditional	1oz Frosted Flakes	1 pk Pretzel Twists	1oz Rice Chex	1pk Popcorn	1 Blueberry Muffin	1pk Sports Bites	1oz Cinn Toasters	3/4c Triscuits,
Dairy	8oz 1% Milk	6 oz Apple Juice	4 oz Mixed Fruit	Cheese stick 6 oz Grape Juice	1 pk Apple Slices	6oz Apple Juice	8 oz. 1% Milk, 4oz Pineapple Bits	6oz Grape Juice	8 oz. 1% Milk, 4oz Pears	Cheesestick
Fruit/Veg.	4oz Pears	1pk Choc Bears		1 pk Strawberry Chex Mix		1 pk Cheez-Its		1pk Goldfish	Cheddar Sun Chips	Pretzel Wheels
Other		8oz 1% Milk		6 oz Apple Juice		6oz Fruit Punch		6 oz Apple Juice	6oz Fruit Punch	6oz Grape Juice
Week 6/26-6/30	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM	BREAKFAST	AM/PM
Grain	1oz Honey Grahams	1pk Straw Chex Mix	1 Apple Cinn Muffin	1 pk Rice Cakes	1oz Cheerios, 8oz 1% Milk	Cheez-Its	1oz Crispy Rice,	1pk Sun Chips	1 Apple Cinn Muffin	2 (2pk) Ritz Crackers
Dairy	8 oz. 1% Milk	6oz Apple Juice	8oz 1% Milk, 4oz Mixed Fruit	6oz Grape Juice	4oz Pineapple Bits	6oz Apple Juice	1pk Apple Slices	6oz Grape Juice	8oz 1% Milk, 4oz Pears	1 pk Cream Cheese
Fruit/Veg.	4oz Apple Sauce	1 pk Chex Mix Traditional		1pk Choc Bears		Pretzel Twists		1pk Popcorn		Sports Bites
Other		6oz Fruit Punch		8oz 1% Milk		6oz Grape Juice		6oz Fruit Punch		6 oz Apple Juice

LifeSpan's School-

is an equal opportunity provider.