



All Ages Breakfast Menu August 2018

***12-23 Months Served with 4oz Whole Milk, 24-35 Months Served with 4oz 1% Milk, 36 Months – 5 years Served with 6oz 1% Milk, School Age Served 8oz 1% ***
 (1-2 Year Old Substitutions listed in italics)

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
		August 1 Life Cereal - Fruit -Milk	August 2 Banana Muffin -Fruit -Milk	August 3 Cheerios -Fruit -Milk
August 6 Kix Cereal -Fruit -Milk	August 7 Cinnamon Raisin Bagel w/ Fruit Spread -Fruit -Milk	August 8 Corn Flakes -Fruit -Milk	August 9 Cranberry Orange Muffin -Fruit -Milk	August 10 Wheaties -Fruit -Milk
August 13 Rice Krispy Cereal -Fruit -Milk	August 14 WG Bagel w/ Fruit Spread -Fruit -Milk	August 15 Life Cereal - Fruit -Milk	August 16 Blueberry Muffin Fruit -Milk	August 17 Cheerios - Fruit -Milk
August 20 Kix Cereal - Fruit -Milk	August 21 WG Blueberry Bagel w/ Fruit Spread - Fruit -Milk	August 22 Corn Flakes - Fruit -Milk	August 23 Corn Bread - Fruit -Milk	August 24 Wheaties - Fruit -Milk
August 27 Rice Krispy Cereal - Fruit -Milk	August 28 Honey Wheat English Muffin w/ Fruit Spread -Fruit -Milk	August 29 Life Cereal - Fruit -Milk	August 30 Banana Muffin -Fruit -Milk	August 31 Cheerios - Fruit -Milk

WG = Whole Grain

Fruit options vary when in season all possible options are as follows: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos

All Cereals contain no more than 6 grams of sugar per dry ounce

All Yogurt contains no more than 23 grams of sugar per 6 ounce serving