



## All Ages Lunch Menu August 2018

\*\*\*12-23 Months Served with 4oz Whole Milk, 24-35 Months Served with 4oz 1% Milk, 36 Months – 5 years Served with 6oz 1% Milk, School Age Served 8oz 1% \*\*\*  
*(1-2 Year Old Substitutions listed in italics)*

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>August 1</b> <b>Fish Tacos</b> Fish Sticks, Cheddar Cheese, Salsa, Sour Cream Tortilla Shell Vegetable Fruit Milk <i>(Bean Taco) V</i>	<b>August 2</b> <b>Beef and Broccoli</b> Vegetable Fried Rice Vegetable Fruit Milk <i>(Veggie Stir Fry) V</i>	<b>August 3</b> <b>Chicken Pesto Pasta</b> Vegetable Fruit Milk <i>(Tofu Pesto Pasta V</i>
<b>August 6</b> <b>Sun Butter &amp; Grape Fruit Spread</b> Whole Wheat Bread Vegetable Fruit Milk	<b>August 7</b> <b>Breaded Chicken Snack Wrap</b> WG Soft Tortilla Shell Lite Mayo. Lettuce Vegetable Fruit Milk <i>(Falafels) V</i>	<b>August 8</b> <b>Beef BBQ Ribs</b> Pasta Salad Vegetable Fruit Milk <i>(Baked Beans) V</i>	<b>August 9</b> <b>Balsamic Chicken</b> Vegetable Bread Stick Fruit Milk <i>(Balsamic Tofu) V</i>	<b>August 10</b> <b>Garden Salad with Diced Turkey</b> Italian Dressing <i>(Italian Chicken Sausage w/ Peppers and Onions)</i> Roll Fruit Milk <i>(Garbanzo Beans) V</i>
<b>August 13</b> <b>Turkey Burger and American</b> WG Roll Vegetable Fruit Ketchup Milk <i>(Veggie Burger) V</i>	<b>August 14</b> <b>Grilled Chicken</b> Brown Rice Vegetable Fruit Milk <i>(Falafels) V</i>	<b>August 15</b> <b>Tuna Salad Wrap on</b> WG Soft Tortilla Shell Vegetable Fruit Milk <i>(Lentil Salad) V</i>	<b>August 16</b> <b>Chicken Caesar Salad</b> Romaine Lettuce w/ Caesar Dressing <i>(Cooked Spinach)</i> Dinner Roll Fruit Milk <i>(Edamame) V</i>	<b>August 17</b> <b>Meatballs in Marinara Sauce</b> WG Hoagie Roll Shredded Mozzarella Cheese Vegetable Fruit Milk <i>(Veggie Loaf in Sauce) V</i>
<b>August 20</b> <b>BBQ Chicken Snack Wrap</b> WG Soft Tortilla Shell and Lettuce Vegetable Fruit Milk <i>(Chic Pea Salad) V</i>	<b>August 21</b> <b>Beef Taco Salad</b> Lettuce, Salsa, SC Tortilla Strips <i>(WG Soft Tortilla Shell)</i> Vegetable Fruit Milk <i>(Refried Bean) V</i>	<b>August 22</b> <b>Scrambled Egg Patty</b> Pancake Fruit Spread Breakfast Potatoes Fruit Milk	<b>August 23</b> <b>Turkey &amp; American Cheese</b> WG Sandwich Roll Vegetable Fruit Milk <i>(Cheese Sandwich) V</i>	<b>August 24</b> <b>Tuna Macaroni Salad</b> Vegetable Fruit Milk <i>(Hearty Pasta Salad with Garbanzo Beans) V</i>
<b>August 27</b> <b>Turkey Ham &amp; Cheese on WG Sandwich Roll w/Mustard</b> Vegetable Fruit Milk <i>(Egg Salad Sandwich on WG Roll) V</i>	<b>August 28</b> <b>Hamburger w/ American Cheese</b> WG Sandwich Roll Vegetable Fruit Milk <i>(Veggie Burger) V</i>	<b>August 29</b> <b>Meat Sauce</b> Bread Stick Vegetable Fruit Milk <i>(Lentil Sauce) V</i>	<b>August 30</b> <b>Mac &amp; Cheese</b> Whole Grain Pasta w/ Cheese Sauce Vegetable Fruit Milk	<b>August 31</b> <b>Bourbon Chicken</b> Vegetable Corn Bread Fruit Milk <i>(Bourbon Tofu) V</i>

WG = Whole Grain

Fruit options vary when in season and will be rotated based on availability: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos