



LifeSpan

Day Care You Can Trust For Children.

Parent /guardian written request for a non-dairy milk substitution:

Child's Name _____

Parent's Name _____

I request my child be served _____ in lieu of milk during
daily meal service because _____.

For children who cannot consume fluid milk due to non-disability medical or other special dietary needs, non-dairy beverages may be served in place of milk. Non-dairy beverages must be nutritionally equivalent to milk and meet the nutritional standards for fortification of calcium, protein, Vitamin A, vitamin D and other nutrients to levels found in cow's milk. This ensures that children are receiving vital nutrients needed for growth and development. Non dairy beverages served to children 1-5 years must be unflavored due to the higher sugar content of flavored varieties. A medical statement is not required.