

LifeSpan School-Age Menu

April 2018

	Monday		Tuesday		Wednesday		Thursday		Friday	
	April 2 AM	April 2 PM	April 3 AM	April 3 PM	April 4 AM	April 4 PM	April 5 AM	April 5 PM	April 6 AM	April 6 PM
Grain	1 oz Cereal- Corn Flakes	1 pack Animal Crackers	3 Waffle sticks	14 Tortilla Chips	1 Corn Muffin	8 Wheat Thins	3 French Toast Sticks	8 Wheat Thins	1 Bagel	1 Pk Goldfish
Dairy	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	1 Cheese Stick	8 oz. 1% Milk	4 cheese cubes	8 oz. 1% Milk	
Fruit/Veg.	1 c. Mixed Fruit	6 oz. Fruit Punch	1 c. Mandarin Oranges	6 oz White Grape Juice	1 c. Mixed Fruit Cup	6 oz. Apple Juice	1 c. Mixed Fruit	6 oz. Apple Juice	3/4 c. Apple Sauce	PM- 8oz Apple Juice
Other			2 tbsp. Syrup						2 TBS cream cheese	
	April 9 AM	April 9 PM	April 10 AM	April 10 PM	April 11 AM	April 11 PM	April 12 AM	April 12 PM	April 13 AM	April 13 PM
Grain	1 oz Cereal- Alpha bits	14 Tortilla Chips	1 Bagel	PM- 1 pk Graham Crackers	1 oz Corn Flakes	8 Wheat Thins	3 French Toast Stick	1 pack Animal Crackers	1 oz Cereal- Alpha bits	1 pack Gold Fish
Dairy	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	4 cheese cubes	8 oz. 1% Milk		8 oz. 1% Milk	
Fruit/Veg.	3/4 c. Apple Sauce	6 oz. Apple Juice	1 c. Mixed Fruit Cup	PM- 6 oz. Fruit punch	3/4 c. Apple Sauce	6 oz. White Grape Juice	1 c. Madarine Oranges	6 oz. Apple Juice	1 c. Mixed Fruit	6 oz. White Grape Juice
Other			2 tbsp. Cream Cheese				2 tbsp Syrup			
	April 16 AM	April 16 PM	April 17 AM	April 17 PM	April 18 AM	April 18 PM	April 19 AM	April 19 PM	April 20 AM	April 20 PM
Grain	1 oz Cereal- Corn Flakes	1 pack Animal Crackers	3 Waffle sticks	14 Tortilla Chips	1 Corn Muffin	8 Wheat Thins	3 French Toast Sticks	10 Pretzels	1 oz Apha bits	
Dairy	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	1 Cheese Stick	8 oz. 1% Milk		8 oz. 1% Milk	6 oz. Fruit Punch
Fruit/Veg.	1 c. Mixed Fruit	6 oz. Fruit Punch	1 c. Mandarin Oranges	6 oz White Grape Juice	1 c. Mixed Fruit Cup	6 oz. Apple Juice	3/4 c. Apple Sauce	6 oz. white grape	3/4 c. Apple Sauce	1 c. Mandarin Oranges
Other			2 tbsp. Syrup							1 Cheese Stick
	April 23 AM	April 23 PM	April 24 AM	April 24 PM	April 25 AM	April 25 PM	April 26 AM	April 26 PM	April 27 AM	April 27 PM
Grain	1 oz Cereal- Alpha bits	8 Wheat Thins	1 Bagel	4 Graham Crackers	2 Pancakes	8 Wheat Thins	3 French Toast Sticks	1 pk cheddar rice cakes	1 oz Cereal- Corn Flakes	1 Pk. Goldfish
Dairy	8 oz. 1% Milk		8 oz. 1% Milk	1 Cheese Stick	8 oz. 1% Milk	4 cheese cubes	8 oz. 1% Milk		8 oz. 1% Milk	
Fruit/Veg.	1 c. Mixed Fruit	6 oz. White Grape Juice	1 c. Mixed Fruit Cup	6 oz. Apple Juice	3/4 c. Apple Sauce	6oz fruit punch	1 c. Madarine Oranges	6 oz. White Grape Juice	3/4 c. Apple Sauce	PM- 6 oz. Apple Juice
Other		4 cheese cubes	2 tbsp. Cream Cheese		2 TBS syrup		2 tbsp. Syrup			
	April 30 AM	April 30 PM								
Grain	1 oz Cereal- Rice Crispies	14 Tortilla Chips								
Dairy	8 oz. 1% Milk									
Fruit/Veg.	3/4 c. Apple Sauce	6 oz White Grape Juice								
Other										

LifeSpan's School-Age Snack Menu is subject to change without notice – All meals provided are per the CACFP guidelines and components – Substitute meals or extra snack may be brought from home – Water is offered at all times

This institution is an equal opportunity provider.