



All Ages Lunch Menu January 2018

***12-23 Months Served with 4oz Whole Milk, 24-35 Months Served with 4oz 1% Milk, 36 Months – 5 years Served with 6oz 1% Milk, School Age Served 8oz 1% ***
 (1-2 Year Old Substitutions listed in italics)

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
January 1 CLOSED Happy New Year!	January 2 Steak Meat in Hoisin Sauce -Steak Meat - Fresh Broccoli -Brown Rice -Fruit -Milk <i>(Veggie Stir Fry with Edamame) V</i>	January 3 Spanish Chicken w/ Rice & Beans -Spanish Chicken -Rice and Beans -Fruit -Milk <i>(Cheese Quesadilla) V</i>	January 4 Pasta and Meatballs -Meatballs -WG Pasta -Green Beans -Fruit -Milk <i>(Lentil Cheesesteak) V</i> **Spaghetti and Meatball Day**	January 5 Chicken Taco -Chicken Taco Meat -Toppings (Cheddar, --Lettuce) -WG Flour Tortilla -Corn -Fruit -Milk <i>(Bean Taco) V</i>
January 8 Turkey w/ Gravy -Roast Turkey -Wheat Bread -Green Beans -Fruit -Milk <i>(Veggie Bean Soup) V</i>	January 9 Tuna Sandwich -Tuna Salad -Fresh Broccoli (cooked) -Wheat Bread -Fruit -Milk <i>(Chic Pea Salad) V</i>	January 10 Turkey Sausage -Turkey Sausage -Pancake w/ Fruit Spread -Breakfast Potatoes -Fruit -Milk <i>(Scrambled Eggs) V</i>	January 11 Hamburger w/ Cheese -Beef Patty -American Cheese -WG Sandwich Roll -California Veg Blend -Fruit -Milk <i>(Veggie Burger) V</i>	January 12 Mac and Cheese V -WG Pasta -Cheese Sauce -Peas -Fruit -Milk
January 15 Turkey and American on Roll -Deli Turkey -American Cheese -Low Fat Mayo -WG Sandwich Roll -Celery Sticks (Cooked - Carrots) -Fruit -Milk <i>(Soy Butter and Jelly) V</i>	January 16 Scrambled Eggs w/ Cheese V -Waffle w/ Fruit Spread -Breakfast Potatoes -Fruit -Milk **National Egg Month**	January 17 Baked Chicken w/ Gravy -Biscuit -4 Way Veg Blend -Fruit -Milk <i>(Black Bean Soup) V</i>	January 18 Sloppy Joe -Ground Beef BBQ -WG Sandwich Roll -Cooked Carrots -Fruit -Milk <i>(Lentil Joe) V</i>	January 19 Meatball Hoagie -WG Hoagie Roll -Meatballs -Marinara Sauce -Green Beans -Fruit -Milk <i>(Pasta w/ Lentil Sauce) V</i>
January 22 Beef Taco -Beef Taco Meat -Toppings (Cheddar, Lettuce) -WG Flour Tortilla -Corn -Fruit -Milk <i>(Bean Taco) V</i>	January 23 White Chicken Ziti -Diced Chicken and Ricotta Cheese -WG Pasta -Alfredo Sauce Broccoli Fruit Milk <i>(Cheese Ziti) V</i>	January 24 Turkey Ham Sandwich -Turkey Ham -American Cheese -Lite Mayo -WG Sandwich Roll -Cooked Carrots -Ranch Dressing -Fruit -Milk <i>(Egg Salad Sandwich) V</i>	January 25 Swedish Meatballs -Meatballs -Brown Rice -Celery Sticks (Cooked Peas) -Ranch Dressing -Fruit -Milk <i>(Egg Salad Sandwich) V</i>	January 26 Turkey Ham -Green Beans -Dinner Roll -Fruit -Milk <i>(Veggie Burger) V</i>
January 29 Chicken Nuggets -Chicken Nuggets -Peas & Carrots -Fruit -Milk <i>(Corn Nuggets and Three Beans Salad) V</i>	January 30 Grilled Chicken Parmesan -Grilled Chicken Parmesan -Pasta -California Veg Blend -Fruit -Milk <i>(Falafels) V</i>	January 31 Mac & Cheese w/ Diced Turkey Ham -WG Pasta -Cheese Sauce -Diced Turkey Ham -Corn -Fruit -Milk <i>(Mac and Cheese) V</i>		