# LifeSpan School-Age Menu

## February 2017

| | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | February 1 AM | February 1 PM | February 2 AM | February 2 PM | February 3 AM | February 3 PM |
| Grain | | | | | 4 French Toast Sticks | | 2 Waffles | 10 Pretzels | 3/4. cereal (Rais Bran) | 7 Vanilla Wafers |
| Dairy | | | | | 8 oz. 1% Milk | 14 Tortilla Chips | 8 oz. 1% Milk | | 8 oz. 1% Milk | 8 oz. 1% Milk |
| Fruit/Veg. | | | | | 3/4 c. Apple Sauce | | 3/4 c. apple Sauce | 6 oz. Apple Juice | 6 oz. Apple Juice | |
| Other | | | | | | 6 oz White Grape Juice | 2 Tbsp. Syrup | | | |
| | February 6 AM | February 6 PM | February 7 AM | February 7 PM | February 8 AM | February 8 PM | February 9 AM | February 9 PM | February 10 AM | February 10 PM |
| Grain | 3/4 c. Cereal (Frosted Flakes)) | 14 Tortilla Chips | 1 Bagel | 4 Graham Crackers | 1 Muffin | 8 Crackers | 4 French Toast Stick | 9 Animal Crackers | 2 Pancakes | 20 Gold Fish |
| Dairy | 8 oz. 1% Milk | 6 oz. Fruit Punch | 8 oz. 1% Milk | 1 Cheese Stick | 8 oz. 1% Milk | 1 c. Yogurt | 8 oz. 1% Milk | | 8 oz. 1% Milk | |
| Fruit/Veg. | 3/4 c. Apple Sauce | | 1 c. Mixed Fruit Cup | 6 oz. Apple Juice | 3/4 c. Apple Sauce | 6 oz. White Grape Juice | 1 c. Madarine Oranges | 6 oz. Apple Juice | 1 c. Mixed Fruit Cup | 6 oz. White Grape Juice |
| Other | | | 2 tbsp. Cream Cheese | | | | 2 tbsp Syrup | | | |
| | February 13 AM | Feburary 13 PM | February 14 AM | Feburary 14 PM | February 15 AM | Feburary 15 PM | February 16 AM | Feburary 16 PM | February 17 AM | Feburary 17 PM |
| Grain | 3/4 c. Cereal (CTC) | 9 Animal Crackers | 2 Waffles | 14 Tortilla Chips | 1 Muffin | 8 Wheat Thins | 1 English Muffin | 10 Pretzels | HOLIDAY CARE 4 French Toast Sticks | |
| Dairy | 8 oz. 1% Milk | | 8 oz. 1% Milk | | 8 oz. 1% Milk | | 8 oz. 1% Milk | | 8 oz. 1% Milk | 6 oz. Fruit Punch |
| Fruit/Veg. | 6 oz. Orange Juice | 6 oz. Fruit Punch | 1 c. Mandarin Oranges | 6 oz White Grape Juice | 1 c. Mixed Fruit Cup | 6 oz. Apple Juice | 3/4 c. Apple Sauce | 6 oz. Apple Juice | 3/4 c. Apple Sauce | 1 c. Mandarin Oranges |
| Other | | | 2 tbsp. Syrup | | | | 2 tbsp. Jelly | | | 1 Cheese Stick |
| | February 20 AM | February 20 PM | February 21 AM | February 21 PM | February 22 AM | February 22 PM | February 23 AM | February 23 PM | February 24 AM | February 24 PM |
| | HOLIDAY CARE | | | | | | | | | |
| Grain | 1 Muffin | 14 Tortilla Chips | 4 French Toast Sticks | 4 Graham Crackers | 1 Apple Breakfast bar | 8 Crackers | 2 Pancakes | 9 Animal Crackers | 3/4 c. Cereal (Frost Flakes) | 20 Gold Fish |
| Dairy | 8 oz. 1% Milk | | 8 oz. 1% Milk | 1 Cheese Stick | 8 oz. 1% Milk | 1 Cheese Stick | 8 oz 1% milk | | 8 oz. 1% Milk | |
| Fruit/Veg. | 3/4 c. Apple Sauce | 6 oz. Apple Juice | 1 c. Madarine Oranges | 6 oz. Apple Juice | 3/4 c. Apple Sauce | 6 oz. Apple Jucie | 1 cup Mixed Fruit Cup | 6 oz. Apple Juice | 6 oz. Apple Juice | 6 oz. Fruit Punch |
| Other | | | 2 tbsp. Syrup | | | | | | | |
| | February 27 AM | February 27 PM | February 28 AM | February 28 PM | | | | | | |
| Grain | 1 Muffin | AM- 8 Wheat Thins PM- 20 Gold Fish | 2 Waffles | AM-10 Pretzels PM-4 Graham Crackers | | | | | | |
| Dairy | 8 oz. 1% Milk | | 8 oz. 1% Milk | | | | | | | |
| Fruit/Veg. | 1 c. Mixed Fruit Cup | 6 oz. Apple Juice | 1 c. Mandarin Oranges | 6 oz. Apple Juice | | | | | | |
| Other | | | 2 tbsp. Syrup | | | | | | | |

LifeSpan's School-Age Snack Menu is subject to change without notice – All meals provided are per the CACFP guidelines and components – Substitute meals or extra snack may be brought from home – Water is offered at all times

*This institution is an equal opportunity provider.*