

LifeSpan School-Age Menu

April 2017

	Monday		Tuesday		Wednesday		Thursday		Friday	
	April 3 AM	April 3 PM	April 4 AM	April 4 PM	April 7 AM	April 5 PM	April 6 AM	April 6 PM	April 7 AM	April 7 PM
Grain	1 Muffin	8 Crackers	2 Pancakes	1 Ritz Bitz package	1 Apple Breakfast Bar		2 Waffles	10 Pretzels	3/4. cereal (Rains Bran)	7 Vanilla Wafers
Dairy	8 oz. 1% Milk	1 c. Yogurt	8 oz. 1% Milk	6 oz. White Grape Juice	8 oz. 1% Milk	8 oz. 1% Milk	8 oz. 1% Milk	6 oz. Apple Juice	8 oz. 1% Milk	8 oz. 1% Milk
Fruit/Veg.	1 c. Mixed Fruit Cup	6 oz. Apple Juice	3/4 c. apple Sauce 2 tbsp. Syrup		1 c. Mixed Fruit Cup	9 Carrot Sticks 2 Tbsp. Ranch Dressing	3/4 c. apple Sauce 2 Tbsp. Syrup		6 oz. Apple Juice	
Other										
	April 10 AM	April 10 PM	April 11 AM	April 11 PM	April 12 AM	April 12 PM	April 13 AM	April 13 PM	April 14 AM	April 14 PM
Grain	1 Strawberry Brakfast Bar	1 Ritz Bitz package	1 Bagel	4 Graham Crackers	1 Muffin	8 Crackers	4 French Toast Stick	9 Animal Crackers	1 Apple Breakfast bar	20 Gold Fish
Dairy	8 oz. 1% Milk	6 oz. Fruit Punch	8 oz. 1% Milk	1 Cheese Stick	8 oz. 1% Milk	1 c. Yogurt	8 oz. 1% Milk		8 oz. 1% Milk	
Fruit/Veg.	3/4 c. Apple Sauce		1 c. Mixed Fruit Cup 2 tbsp. Cream Cheese	6 oz. Apple Juice	3/4 c. Apple Sauce	6 oz. White Grape Juice	1 c. Mixed Fruit Cup 2 tbsp Syrup	6 oz. Apple Juice	1 c. Mixed Fruit Cup	6 oz. White Grape Juice
Other										
	April 17 AM	April 17 PM	April 18 AM	April 18 PM	April 19 AM	April 19 PM	April 20 AM	April 20 PM	April 21 AM	April 21 PM
Grain	3/4 c. Cereal (CTC)	1 Ritz Bitz package	2 Waffles		1 Muffin	8 Wheat Thins	1 English Muffin	10 Pretzels	1 Apple Breakfast bar	6 oz. Fruit Punch
Dairy	8 oz. 1% Milk		8 oz. 1% Milk	8 oz. 1% Milk	8 oz. 1% Milk		8 oz. 1% Milk		8 oz. 1% Milk	1 c. Mandarin Oranges
Fruit/Veg.	6 oz. Orange Juice	6 oz. Fruit Punch	1 c. Mandarin Oranges 2 tbsp. Syrup	9 Carrot Sticks 2 Tbsp. Ranch Dressing	1 c. Mixed Fruit Cup	6 oz. Apple Juice	3/4 c. Apple Sauce 2 tbsp. Jelly	6 oz. Apple Juice	3/4 c. Apple Sauce	1 Cheese Stick
Other										
	April 24 AM	April 24 PM	April 25 AM	April 25 PM	April 26 AM	April 26 PM	April 27 AM	April 27 PM	April 28 AM	April 28 PM
Grain	1 Muffin	1 Ritz Bitz package	4 French Toast Sticks	4 Graham Crackers	1 Apple Granola Bar	8 Crackers	2 Pancakes	9 Animal Crackers	3/4 c. Cereal (Raisin Bran)	20 Gold Fish
Dairy	8 oz. 1% Milk		8 oz. 1% Milk	1 Cheese Stick	8 oz. 1% Milk	1 Cheese Stick	8 oz. 1% Milk		8 oz. 1% Milk	
Fruit/Veg.	3/4 c. Apple Sauce	6 oz. Apple Juice	1 c. Madarine Oranges 2 tbsp. Syrup	6 oz. Apple Juice	3/4 c. Apple Sauce	6 oz. Apple Jucie	1 c. Madarine Oranges 2 tbsp Syrup	6 oz. Fruit Punch	6 oz. Apple Juice	6 oz. Fruit Punch
Other										

LifeSpan's School-Age Snack Menu is subject to change without notice – All meals provided are per the CACFP guidelines and components – Substitute meals or extra snack may be brought from home – Water is offered at all times
This institution is an equal opportunity provider.