All Ages Breakfast Menu February 2016

****12-23 Months Served with 4oz Whole Milk, 24-35 Months Served with 4oz 1% Milk,* 36 Months – 5 years Served with 6oz 1% Milk, School Age Served 8oz 1% ***
(1-2 Year Old Substitutions listed in italics)

Approved by Kristen Garron, Registered and Licensed Nutritionist

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
February 1 **English Muffin with Fruit Spread** ½ Each English Muffin .5oz Fruit Spread 1 Each Whole Apple *(Applesauce)* Milk	**February 2** **Waffle with Fruit Spread** 1 Each Waffle .5oz Fruit Spread ½ Cup Diced Peaches Milk	**February 3** **Rice Krispy Cereal** 1oz Rice Krispy Cereal ½ Cup Diced Pears Milk	**February 4** **Banana Bread** 1oz Banana Bread ½ Cup Tropical Fruit Salad Milk	**February 5** **Corn Flakes** 1oz Corn Flakes 1 Each Whole Banana Milk
February 8 **Bagel with Fruit Spread** 1 Each Bagel .5oz Fruit Spread 1 Each Whole Apple *(Applesauce)* Milk	**February 9** **Pancake with Fruit Spread** 1 Each Pancake .5oz Fruit Spread ½ Cup Diced Peaches Milk	**February 10** **Toasted Oats** 1oz Toasted Oats ½ Cup Diced Pears Milk	**February 11** **Pumpkin Bread** 1oz Pumpkin Bread ½ Cup Tropical Fruit Salad Milk	**February 12** **Chex Cereal** 1oz Chex Cereal 1 Each Whole Banana Milk
February 15 **English Muffin with Fruit Spread** ½ Each English Muffin .5oz Fruit Spread 1 Each Whole Apple *(Applesauce)* Milk	**February 16** **Waffle with Fruit Spread** 1 Each Waffle .5oz Fruit Spread ½ Cup Diced Peaches Milk	**February 17** **Rice Krispy Cereal** 1oz Rice Krispy Cereal ½ Cup Diced Pears Milk	**February 18** **Banana Bread** 1oz Banana Bread ½ Cup Tropical Fruit Salad Milk	**February 19** **Corn Flakes** 1oz Corn Flakes 1 Each Whole Banana Milk
February 22 **Bagel with Fruit Spread** 1 Each Bagel .5oz Fruit Spread 1 Each Whole Apple *(Applesauce)* Milk	**February 23** **Pancake with Fruit Spread** 1 Each Pancake .5oz Fruit Spread ½ Cup Diced Peaches Milk	**February 24** **Toasted Oats** 1oz Toasted Oats ½ Cup Diced Pears Milk	**February 25** **Pumpkin Bread** 1oz Pumpkin Bread ½ Cup Tropical Fruit Salad Milk	**February 26** **Chex Cereal** 1oz Chex Cereal 1 Each Whole Banana Milk
February 29 **English Muffin with Fruit Spread** ½ Each English Muffin .5oz Fruit Spread 1 Each Whole Apple *(Applesauce)* Milk				